

ENGAGE
MORE CONTROL | LESS IMPULSE

WORKING WITH OVER-SENSITISED CHILDREN

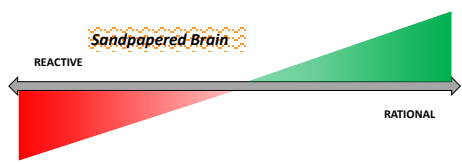
Christchurch
5th December 2018

PRESENTED BY:
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MEdPsych
Neurosequential Model of Therapeutics Practitioner



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Red / Green Brain & the sandpapered brain



REACTIVE


Sandpapered Brain

RATIONAL

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2

Impact on work production




Creativity Test

Solved significantly more creative problems ✓



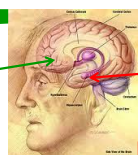
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INTRODUCING THE BRAIN



UPPER/GREEN BRAIN

Cortex
(Managing)

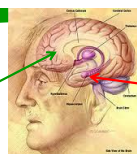
Brainstem / Limbic
(Survival / Emotional)

LOWER/RED BRAIN

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INTRODUCING THE BRAIN



UPPER/GREEN BRAIN

- Over-ride Impulses
- Plan
- Sequence
- Time Management
- Abstract
- Empathy

LOWER/RED BRAIN


- Survival Tasks
- Impulsive
- Irrational
- 'Two years old'
- Selfish

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OVER-SENSITISED STRESS RESPONSE

OSR



One where the stress response is over-activated **FREQUENTLY** and/or for **LONG PERIODS** of time

Plus

There is absence of **ATTUNED** adult support

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6

—
ATTUNEMENT
 —

The ability to recognize the needs of another and
 Appropriately respond

—


7

ACTIVATING THE STRESS RESPONSE

INCREASED CHANCE GOING TO
DIE

↑

STRESSOR

ENGAGE 

8


FIGHT / FLIGHT RESPONSE

Dry Mouth

Breathing Changes

Stomach purges

Bowel/Bladder may empty




Sight and Hearing Sharpen

Heart Beats Faster

Temperature Change

Blood increase in large muscles of arms & legs

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9

HOW TO KEEP THE SURVIVAL BRAIN CALM

Some

Boys

Hate

Carrots

See me....

Show me I **B**elong...

Tell me what is **H**appening

Give me some **C**ontrol

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